

<u>Policy Name:</u> PreCamp COVID-19 Testing

Purpose: Laurel Family Camp is considered **Highest Risk** level by the CDC. Campers mix among different groups/ we do not stay separated throughout the day, we do not stay spaced apart from those that are not vaccinated (ex: children), and we come from different geographical areas.

We will have a mix of vaccinated and unvaccinated Campers. The recommended way to ensure everyone's safety from the start is to require COVID-19 testing for everyone attending Camp.

Effective Date: 5/19/21 AK

Updated: Reviewed and revised 7/13/21 AK

Procedures:

7 Days Before You Come to Camp

1. ALL family members coming to Camp will need to take a COVID-19 test.
2. You will need to time your test to ensure you have your results back in time for the start of Camp.
3. You MUST have a negative COVID-19 test result in order to participate in activities and be on Camp property.
4. Suggestions on where to get COVID-19 testing:
 - a. Best Practice: Call your local county health department and tell them that you need a "non-rapid COVID-19 test" done in order to attend a family camp. Ask where in your community offers free (this does exist in some areas) or available testing without a doctor's order.
 - b. Over the counter (OTC) rapid test kits: available at CVS, Walgreens, Sam's Club, and Walmart.
5. Options to communicate test results:
 - a. Prior to Camp: Communicate via email to the Camp Registrar Amanda Kessler (akessler71@gmail.com) with the full names of campers and pictures of your test results. **Or** you can choose to text Amanda at 304-282-3960. Please be sure that the picture is clearly visible.
 - b. Day of Camp- see next section below.

Check-In at Camp on Saturday or Sunday

1. When you go to the Dining Hall to get your cabin assignment, you will need to bring:
 - a. If you did not provide COVID-19 test results prior to Camp starting: A copy of your negative COVID-19 test result- paper or cell phone picture (please make sure it is clearly visible). The test result is HIPAA-related information, if you brought a paper copy to show at Check-in it is your property, we will not keep it.
 - b. You will be checked in and provided with all necessary Camp information.

After Camp

1. **Best Practice:** For those that are unvaccinated it is recommended to get a COVID-19 test. It is recommended that you wait 5- 7 days to ensure a more accurate test and allow time for possible symptom incubation. You should get tested sooner if you experience any concerning symptoms: problems with coughing, diarrhea, vomiting, headache, loss of smell or taste, sore throat, congestion/ runny nose, muscle or body aches, or difficulty breathing.

Note: COVID-19 vaccines are effective. However, a small percentage of people who are fully vaccinated may still get COVID-19 if they are exposed to the virus that causes it, according to the CDC (May 2021). These infections are defined as “vaccine breakthrough cases” and are typically mild.

- a. If you have a **positive COVID-19 test**, Camp Director and Somerset, PA county information has been provided to help with contact tracing.

Camp Director	Email	Cell Number
Tirah Keal	tirahk@gmail.com	267-439-0917

Somerset County State Health Center
 651 S Center Ave
 Somerset, PA 15501-2811
Phone: (814) 445-7981

2. **Good Practice:** Monitor your temperature and screen for any symptoms for the next 10- 14 days after coming home from Camp. Get tested for COVID-19 if you experience any concerning symptoms: problems with coughing, diarrhea, vomiting, headache, loss of smell or taste, sore throat, congestion/ runny nose, muscle or body aches, or difficulty breathing.

Sources: Field Guild for Camps on Implementation of CDC Guidance, Version 1.3, <https://campnurse.org/wp-content/uploads/2020/05/Pre-Camp-Health-Screening-51420.pdf> , <https://nortonhealthcare.com/news/how-long-after-exposure-to-test-positive-for-covid/#:~:text=It%20can%20take%20almost%20a,after%20you%20were%20exposed> , Monongalia County Health Department, WV (7/12/21, 4:05pm) spoke with Ed Abbott 304-598-5100