

Policy Name: Social/ Physical Distancing from Others

Purpose: Social distancing, also called “physical distancing,” means keeping a safe space between yourself and other people who are not from your household. To practice social or physical distancing, stay at least 6 feet (about 2 arm lengths) from other people who are not from your household in both indoor and outdoor spaces.

Social/ physical distancing should be practiced in combination with other preventive actions to reduce the spread of COVID-19, including wearing face masks, avoiding touching your face with unwashed hands, and frequently washing your hands with soap and water for at least 20 seconds or using hand sanitizer.

COVID-19 spreads mainly among people who are in close contact (within about 6 feet) for a prolonged period. Spread happens when an infected person coughs, sneezes, or talks, and droplets from their mouth or nose are launched into the air and land in the mouths or noses of people nearby. The droplets can also be inhaled into the lungs. Since people can spread the virus before they know they are sick, it is important to stay at least 6 feet away from others when possible, even if you—or they—do not have any symptoms.

Note: Policy has been reviewed and updated according to PA state mandates, CDC recommendations, and American Camp Association recommendations closer to the start of Camp.

Effective Date: 5/17/21 AK

Updated: Reviewed and revised 7/13/21 AK

Procedures:

1. **Mealtimes**

- a. It is recommended that you eat with your family/ cabin or cohort unit in the Dining Hall, Rec Hall, or at picnic table.
- b. Tables in the Dining Hall will be spaced 6 feet apart.
- c. You may also social/ physically distance outside to eat your meal: picnic table, use your lawn chair, fire circle, Rec Hall.

**** Reminder:** If you eat outside you MUST thoroughly clean up everything from each meal, otherwise it attracts skunks in the nighttime. Remember it is highly recommended to NEVER eat or store food in your cabin, as it quickly attracts unwanted wildlife.

2. **Singing**

- a. You may sit with your family/ cabin units, otherwise social/ physically distance from other people with face masks ON.

3. **Visiting Someone in a Cabin**

- a. You need to be a family member or part of the cohort unit in order to enter the cabin, unless babysitting (with a face mask on if requested by parent or caregiver).

b. You may sit on the outside porch and social/ physically distance (6 feet) if you are not a family member or part of the cohort unit.

4. **Leaving Camp**

a. It is recommended that you remain in Camp for the week if you are unvaccinated and do not travel with unvaccinated individuals outside of Camp to reduce the risk of possible exposure during a visit in the community.

Sources: Field Guild for Camps on Implementation of CDC Guidance, Version 1.3, <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/social-distancing.html>, <https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/summer-camps.html> , Monongalia County Health Department, WV (7/12/21, 4:05pm) spoke with Ed Abbott 304-598-5100