Policy Name: Social/ Physical Distancing from Others

Purpose: Social distancing, also called "physical distancing," means keeping a safe space between yourself and other people who are not from your household.

Social/ physical distancing can be practiced in combination with other preventive actions to reduce the spread of COVID-19, including wearing face masks, avoiding touching your face with unwashed hands, and frequently washing your hands with soap and water for at least 20 seconds or using hand sanitizer.

COVID-19 spreads mainly among people who are in close contact (within about 6 feet) for a total of 15 minutes or more in a 24-hour period (for example, three individual 5-minute exposures for a total of 15 minutes or sustained 15 minutes). CDC Feb 4, 2022

Spread happens when an infected person coughs, sneezes, or talks, and droplets from their mouth or nose are launched into the air and land in the mouths or noses of people nearby. The droplets can also be inhaled into the lungs. Since people can spread the virus before they know they are sick, it can be important to stay at least 6 feet away from others, when possible, even if you—or they—do not have any symptoms.

To practice social or physical distancing, stay at least 6 feet (about 2 arm lengths) from other people who are not from your household especially in enclosed spaces.

Note: Policy has been reviewed and updated according to CDC recommendations and American Camp Association recommendations closer to the start of Camp.

Effective Date: 5/17/21 AK

Updated: Reviewed and revised 7/13/21 AK, Reviewed and updated 7/2/22 AK

Procedures:

*** For 2022, there are NO REQUIREMENTS on social/ physical distancing while at Camp.

Please be mindful of others should they chose to social/ physically distance while in the different areas of Camp.

1. Mealtimes

- a. Some tables will be moved outside of the Dining Hall to offer outdoor seating.
- b. You may also social/ physically distance outside to eat your meal: picnic table, use your lawn chair, fire circle, Rec Hall.
 - ** Reminder: If you eat outside you <u>MUST</u> thoroughly clean up everything from each meal, otherwise it attracts skunks in the nighttime. Remember it is highly recommended to NEVER eat or store food in your cabin, as it quickly attracts unwanted wildlife.

2. Visiting Someone in a Cabin

a. Please check <u>FIRST</u> with the adult in the cabin if they prefer that visitors remain outside the cabin.

<u>Sources</u>: Field Guild for Camps on Implementation of CDC Guidance, Version 1.3, https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/summer-camps.html, Monongalia County Health Department, WV (7/12/21, 4:05pm) spoke with Ed Abbott 304-598-5100